



“Always be a first rate version of yourself and not a second rate version of someone else.”
Judy Garland

A chance to discover your hidden qualities. The most uncomfortable thing to do is to talk about yourself, but how will anyone know how brilliant you are unless you get comfortable talking about you?

Interviews for jobs, or networking opportunities, will always involve being able to talk about what skills and qualities you have, and what experiences you have had. This is your chance to practice thinking and talking about these things - in a safe space.

INSTRUCTIONS

In pairs or 3s - ask each other the following 6 questions to explore who you might want to be and share your answers. The more you can think of the better your answers:

1. List 5 qualities you admire in others - why do you admire those qualities?
2. What would your friends say about you? (3 things they like about your personality)
3. Have you had any work experience (including doing jobs around the home)?
What was it and what skills did you demonstrate?
4. What subjects would you like to study at sixth form, college or university or what industry would you like to work in and why?
5. List 3 things that make you happy - why do they make you smile?
6. What is your proudest achievement, what did you do and why were you so proud?